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Supplemental Table 1 Macro- and micronutrient intakes, assessed by FFQ at 3 years of age (cross-sectional), by picky eating score assessed by questionnaire at 3 years of age in ALSPAC children

	Recommendation, EAR or RNI	Picky eating score at 38 months (cross-sectional)		
		0	1	2
n		4307	3837	1400
Macronutrients				
Energy (kJ/day)	-	5307 (5267, 5346) ^a	5260 (5219, 5301) ^a	5051 (4979, 5124) ^b
Male	4900 ¹	5352 (5297, 5407) ^a	5303 (5244, 5361) ^a	5089 (5244, 5362) ^b
Female	4500 ¹	5259 (5203, 5315) ^a	5216 (5158, 5274) ^a	5006 (4901, 5110) ^b
Protein (g/day)	14.5 ¹	45.9 (45.5, 46.2) ^a	44.4 (44.0, 44.7) ^b	40.4 (39.8, 41.0) ^c
Carbohydrate (g/day)	-	167.0 (165.7, 168.2) ^a	166.3 (164.9, 167.6) ^a	161.0 (158.5, 163.5) ^b
Fat (g/day)	-	50.1 (49.7, 50.5) ^a	49.9 (49.4, 50.3) ^a	48.3 (47.6, 49.1) ^b
Free sugars (% energy)	<10 ³	14.3 (14.2, 14.4) ^a	14.7 (14.6, 14.8) ^b	15.6 (15.3, 15.9) ^c
Micronutrients				
Vitamin A				
Retinol (µg/day)	-	322 (318, 327) ^a	308 (304, 312) ^b	290 (284, 297) ^c
Carotene (µg/day)	-	1660 (1636, 1683) ^a	1461 (1435, 1487) ^b	1055 (1012, 1097) ^c
Retinol equivalents (µg RE/day)	400 µg RE ²	599 (592, 605) ^a	551 (544, 558) ^b	466 (456, 477) ^c
Thiamin (mg/day)	[0.4 mg/4.2 MJ] ²	1.00 (0.99, 1.00) ^a	0.96 (0.95, 0.97) ^b	0.88 (0.87, 0.90) ^c
Riboflavin (mg/day)	0.6 ²	1.32 (1.31, 1.36) ^a	1.29 (1.28, 1.30) ^b	1.25 (1.23, 1.27) ^c
Niacin (mg NEq/day)	[6.6 mg NE/4.2 MJ] ²	20.3 (20.2, 20.5) ^a	19.6 (19.5, 19.8) ^b	17.9 (17.6, 18.2) ^c
Vitamin B ₆ (mg/day)	[15 µg/g protein] ²	1.28 (1.27, 1.29) ^a	1.24 (1.23, 1.25) ^b	1.14 (1.12, 1.15) ^c
Vitamin B ₁₂ (µg/day)	0.5 ²	2.58 (2.56, 2.61) ^a	2.49 (2.47, 2.51) ^b	2.35 (2.31, 2.40) ^c
Folate (µg/day)	70 ²	152.8 (151.6, 153.9) ^a	147.1 (145.9, 148.3) ^b	134.9 (132.8, 136.9) ^c
Vitamin C (mg/day)	30 ²	44.1 (43.5, 44.6) ^a	42.7 (42.0, 43.4) ^b	37.5 (36.5, 38.5) ^c
Vitamin D (µg/day)	7 ²	1.77 (1.75, 1.79) ^a	1.70 (1.67, 1.72) ^b	1.52 (1.49, 1.56) ^c
Vitamin E (mg/day)	-	6.0 (6.0, 6.1) ^a	6.0 (5.9, 6.1) ^b	5.5 (5.4, 5.7) ^c
Calcium (mg/day)	350 ²	665 (659, 671) ^a	653 (646, 660) ^b	632 (621, 644) ^c
Iron (mg/day)	6.9 ²	6.8 (6.8, 6.9) ^a	6.6 (6.5, 6.6) ^a	6.1 (6.0, 6.2) ^a
Zinc (mg/day)	5.0 ²	4.9 (4.9, 5.0) ^a	4.8 (4.7, 4.8) ^b	4.4 (4.3, 4.5) ^c
Selenium (µg/day)	15 ²	45.6 (45.2, 46.0) ^a	44.8 (44.3, 45.3) ^a	41.9 (41.1, 42.8) ^b
Iodine (µg/day)	70 ²	114.3 (113.3, 115.4) ^a	112.2 (111.1, 113.3) ^b	107.1 (105.2, 109.0) ^c

EAR, estimate average requirement; FFQ, food frequency questionnaire; NE, niacin equivalents; RE, retinol equivalents; RNI, reference nutrient intake.

RNI: intake above which intakes will almost certainly be adequate (two notional standard deviations above the EAR); LRNI: intake below which intakes will almost certainly be inadequate for most individuals (two notional standard deviations below the EAR).

Values are mean (95% confidence interval).

Values in the same row not sharing same superscript letter are significantly different at $p < 0.05$ (ANOVA with Bonferroni correction).

Picky eating score: Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy.

Carotene is in the form of β -carotene equivalents: sum of β -carotene and half the amounts of α -carotene and α - and β -cryptoxanthins.

¹UK Scientific Advisory Committee on Nutrition (SACN) EAR 3 years (1).

²UK Committee on Medical Aspects of Food Policy (COMA) RNI 1–3 years (2).

³UK COMA recommendation (2) and World Health Organization/Food and Agriculture Organization recommendation (3) (draft UK SACN guidelines suggest <5% (4)).

Online Supplemental Material

Supplemental Table 2 Comparisons with UK RNI and LRNI for selected micronutrients, assessed by FFQ at 3 years of age (cross-sectional), by picky eating score at 3 years of age in ALSPAC children

		% of children below recommended intake		
		0 ¹	1 ¹	2 ¹
n		4307	3837	1400
UK RNI (2)				
Retinol equivalents	400 µg/day	14.9 ^a	23.4 ^b	41.4 ^c
Niacin	6.6 mg NE/4.2 MJ	0.0	0.0	0.0
Iron	6.9 mg/day	58.0 ^a	61.7 ^b	69.8 ^c
Zinc	5 mg/day	56.5 ^a	60.8 ^b	70.0 ^c
Selenium	15 µg/day	0.6 ^a	0.7 ^a	3.9 ^b
UK LRNI (2)				
Retinol equivalents	200 µg/day	0.5 ^a	1.5 ^b	5.6 ^c
Niacin	4.4 mg NE/4.2 MJ	0.0	0.0	0.0
Iron	3.7 mg/day	2.7 ^a	4.0 ^b	9.9 ^c
Zinc	3 mg/day	4.7 ^a	6.0 ^b	14.4 ^c
Selenium	7 µg/day	0.0 ^a	0.0 ^a	0.1 ^b

LRNI, lower reference nutrient intake; FFQ, food frequency questionnaire; NE, niacin equivalents; RE, retinol equivalents; RNI, reference nutrient intake.

RNI: intake above which intakes will almost certainly be adequate (two notional standard deviations above the EAR); LRNI: intake below which intakes will almost certainly be inadequate for most individuals (two notional standard deviations below the EAR).

¹Picky eating score (cross-sectional): Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy.

Column proportion comparison (z-tests) with Bonferroni correction (values in the same row not sharing same superscript letter are significantly different at p<0.05; in rows in which there are no superscript letters there are no significant differences between values).

Online Supplemental Material

Supplemental Table 3 Macro- and micronutrient intakes, assessed by FFQ at 7 years of age, by longitudinally defined picky eating types from 2 – 5.5 years of age in ALSPAC children

	Recommendation, EAR or RNI	Picky eating type at 2 to 5.5 years				
		Never	Low	High		Late onset
				Early onset		
				Non-persistent	Persistent	
n		1712	3912	352	528	123
Macronutrients						
Energy (kJ/day)		7793 (7707, 7879) ^a	7610 (7556, 7666) ^b	7423 (7244, 7602) ^b	7092 (6945, 7240) ^c	7287 (6973, 7602) ^{b c}
Male	6900 ¹	7941 (7817, 8064) ^a	7754 (7673, 7834) ^{a b}	7506 (7254, 7758) ^{b c}	7137 (6939, 7335) ^c	7179 (6748, 7610) ^{b c}
Female	6400 ¹	7638 (7390, 7757) ^a	7464 (7390, 7538) ^a	7327 (7070, 7584) ^{a b}	7040 (6819, 7262) ^b	7388 (6922, 7853) ^{a b}
Protein (g/day)	28.3 ²	67.6 (66.9, 68.4) ^a	64.5 (64.1, 65.0) ^a	61.5 (59.9, 63.1) ^b	56.0 (54.8, 57.3) ^c	58.2 (55.7, 60.7) ^{b c}
Carbohydrate (g/day)	-	240 (238, 244) ^a	236 (234, 238) ^b	232 (225, 238) ^{a b}	223 (219, 228) ^b	227 (217, 237) ^{a b}
Fat (g/day)	-	76.7 (75.8, 77.6) ^a	75.0 (74.4, 75.6) ^b	73.3 (71.2, 75.3) ^{b c}	70.3 (68.7, 72.0) ^c	73.4 (69.8, 77.0) ^{a b c}
Free sugars (% energy)	<10 ³	13.1 (13.7, 14.0) ^a	14.5 (14.4, 14.6) ^b	15.1 (14.6, 15.5) ^{b c}	15.5 (15.2, 15.9) ^c	15.4 (14.8, 16.1) ^c
Micronutrients						
Vitamin A						
Retinol (µg/day)	-	474 (463, 484) ^a	449 (443, 454) ^b	416 (400, 433) ^c	409 (394, 424) ^c	407 (381, 433) ^{b c}
Carotene (µg/day)	-	2194 (2151, 2236) ^a	1925 (1897, 1951) ^a	1758 (1663, 1853) ^a	1421 (1343, 1499) ^b	1438 (1285, 1592) ^b
Retinol equivalents (µg RE/day)	500 µg RE ²	839 (826, 853) ^a	770 (762, 778) ^b	709 (683, 735) ^{b c}	646 (626, 667) ^c	647 (607, 686) ^{b c}
Thiamin (mg/day)	[0.4 mg/4.2 MJ] ²	1.4 (1.4, 1.4) ^a	1.3 (1.3, 1.4) ^b	1.3 (1.3, 1.3) ^{c b}	1.2 (1.2, 1.2) ^d	1.2 (1.2, 1.3) ^{d c}
Riboflavin (mg/day)	1.0 ²	1.7 (1.7, 1.8) ^a	1.7 (1.7, 1.7) ^b	1.7 (1.6, 1.7) ^{c b}	1.6 (1.5, 1.6) ^d	1.6 (1.5, 1.7) ^{d c}
Niacin (mg NEq/day)	[6.6 NEq/4.2 MJ] ²	30.4 (30.1, 30.7) ^a	29.2 (28.9, 29.4) ^b	28.1 (27.4, 28.9) ^{c b}	25.4 (24.9, 26.0) ^d	26.8 (25.7, 28.1) ^c
Vitamin B ₆ (mg/day)	[15 µg/g protein] ²	1.9 (1.9, 1.9) ^a	1.8 (1.8, 1.8) ^b	1.8 (1.7, 1.8) ^{a c}	1.6 (1.6, 1.7) ^d	1.7 (1.6, 1.8) ^{b c d}
Vitamin B ₁₂ (µg/day)	1.0 ²	3.8 (3.7, 3.9) ^a	3.6 (3.5, 3.6) ^a	3.3 (3.2, 3.5) ^b	3.1 (3.0, 3.2) ^c	3.2 (3.0, 3.4) ^{b c}
Folate (µg/day)	150 ²	217 (214, 219) ^a	206 (204, 207) ^b	199 (194, 205) ^{b c}	183 (179, 188) ^d	186 (178, 194) ^{c d}
Vitamin C (mg/day)	30 ²	80.4 (78.8, 82.0) ^a	75.3 (74.2, 76.3) ^c	69.5 (66.0, 73.0) ^b	64.4 (61.5, 67.4) ^{b d}	61.5 (56.6, 66.5) ^{c d}
Vitamin D (µg/day)	0 ²	2.9 (2.9, 3.0) ^a	2.8 (2.8, 2.9) ^b	2.6 (2.5, 2.7) ^c	2.5 (2.4, 2.6) ^c	2.7 (2.5, 2.9) ^{a b c}
Vitamin E (mg/day)	-	10.0 (9.9, 10.2) ^a	9.78 (9.7, 9.9) ^a	9.1 (8.7, 9.4) ^b	9.1 (8.8, 9.5) ^b	9.2 (8.6, 9.9) ^{a b}
Calcium (mg/day)	550 ²	782 (770, 793) ^a	758 (750, 766) ^b	724 (698, 750) ^{b c}	694 (673, 715) ^c	731 (685, 777) ^{a b c}
Iron (mg/day)	8.7 ²	9.2 (9.1, 9.3) ^a	8.8 (8.8, 8.9) ^a	8.4 (8.2, 8.7) ^b	7.9 (7.7, 8.1) ^c	8.1 (7.7, 8.5) ^{c b}
Zinc (mg/day)	7 ²	6.7 (6.6, 6.8) ^a	6.4 (6.3, 6.4) ^a	6.0 (5.9, 6.2) ^b	5.4 (5.2, 5.5) ^c	5.1 (5.4, 6.0) ^{c b}
Selenium (µg/day)	30 ²	66.1 (65.2, 67.0) ^a	64.2 (63.6, 64.8) ^a	59.9 (58.0, 61.9) ^b	58.6 (57.0, 60.1) ^b	59.2 (56.0, 62.5) ^b
Iodine (µg/day)	110 ²	155 (153, 157) ^a	149 (148, 151) ^{b d}	144 (139, 148) ^{b c}	137 (133, 140) ^{b c e}	138 (131, 145) ^{d e}

EAR, estimated average requirement; NE, niacin equivalents; RE, retinol equivalents; RNI, reference nutrient intake.

RNI: intake above which intakes will almost certainly be adequate (two notional standard deviations above the EAR); LRNI: intake below which intakes will almost certainly be inadequate for most individuals (two notional standard deviations below the EAR).

Values are mean (95% confidence interval).

Values in the same row not sharing same superscript letter are significantly different at p<0.05) (ANOVA with Bonferroni correction).

Picky eating score (longitudinal): Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy. The responses for singletons were scored 0, 1, 2. The longitudinal prevalence of picky eating for scores at 24, 38, 54 and 65 months was calculated from the number of cases that reported 'Yes, very choosy' at ≥2 time points. Early onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 24 or 38 months; late onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 54 or 65 months. Persistent picky eating was defined as score 2 ('Yes, very choosy') at the first and/or second time points, then score 2 at both the third and fourth time points).

Carotene is in the form of β-carotene equivalents: sum of β-carotene and half the amounts of α-carotene and α- and β-cryptoxanthins.

¹UK Scientific Advisory Committee on Nutrition EAR 7 years (1).

²UK Committee on Medical Aspects of Food Policy (COMA) RNI 7–10 years (2).

³UK COMA (2) and WHO/FAO (3) recommendation.

Online Supplemental Material

Supplemental Table 4 Comparisons with UK RNI and LRNI for selected micronutrients, assessed by FFQ at 7 years of age, by longitudinally defined picky eating types from 24-65 months in ALSPAC children

		% of children below recommended intake				
		Never	Low	High		Late
				Early		
				Non-persistent	Persistent	
n		1712	3912	352	528	123
	UK RNI (2)					
Retinol equivalents	250 µg RE/day	6.2 ^a	12.2 ^b	20.7 ^c	28.2 ^c	24.4 ^c
Niacin	6.6 mg/4.2 MJ	0.0	0.0	0.0	0.0	0.0
Iron	8.7 mg/day	47.3 ^a	52.4 ^b	62.2 ^c	69.3 ^c	62.6 ^{b c}
Zinc	7 mg/day	60.2 ^a	69.0 ^b	75.3 ^{b c}	83.7 ^d	81.3 ^{c d}
Selenium	30 µg/day	1.2 ^a	2.1 ^{a b}	3.7 ^b	4.0 ^b	2.4 ^{a b}
	UK LRNI (2)					
Retinol equivalents	500 µg RE/day	0.1 ^a	0.5 ^{a b}	1.1 ^{b c}	3.6 ^c	2.4 ^c
Niacin	4.4 mg/4.2 MJ	0.0	0.0	0.0	0.0	0.0
Iron	4.7 mg/day	1.1 ^a	2.1 ^a	2.0 ^{a b}	5.9 ^{a b}	3.3 ^{a b}
Zinc	4 mg/day	3.1 ^a	5.8 ^b	8.5 ^{b c}	20.3 ^d	13.0 ^{c d}
Selenium	16 µg/day	0.1	0.1	0.3	0.4	0.0

LRNI, lower nutrient reference intake; FFQ, food frequency questionnaire; RE, retinol equivalents; RNI, reference nutrient intake.

RNI: intake above which intakes will almost certainly be adequate (two notional standard deviations above the estimated average requirement (EAR)); LRNI: intake below which intakes will almost certainly be inadequate for most individuals (two notional standard deviations below the EAR).

Column proportion comparison (z-tests) with Bonferroni correction (values in the same row not sharing same superscript letter are significantly different at $p < 0.05$; in rows in which there are no superscript letters there are no significant differences between values).

Picky eating score (longitudinal): Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy. The responses for singletons were scored 0, 1, 2. The longitudinal prevalence of picky eating for scores at 24, 38, 54 and 65 months was calculated from the number of cases that reported 'Yes, very choosy' at ≥ 2 time points. Early onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 24 or 38 months; late onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 54 or 65 months. Persistent picky eating was defined as score 2 ('Yes, very choosy') at the first and/or second time points, then score 2 at both the third and fourth time points).

Online Supplemental Material

Supplemental Table 5 Food group intakes (g/week), assessed by FFQ at 38 months (cross-sectional), which differed by picky eating score assessed by questionnaire at 38 months in ALSPAC children

	Picky eating score		
	0	1	2
n	4307	3837	1400
Total meat (g/week)	298 (294, 302) ^a	278 (274, 283) ^b	234 (227, 243) ^c
Meat, carcass (g/week) ¹	217 (214, 221) ^a	200 (196, 203) ^b	157 (151, 164) ^c
Processed meat (g/week) ²	81 (79, 83)	79 (76, 81)	78 (73, 82)
Total fish (g/week)	164 (160, 167) ^a	153 (150, 157) ^b	129 (123, 135) ^c
Total vegetables (g/week)	440 (433, 447) ^a	350 (343, 357) ^b	212 (201, 224) ^c
Total fruit (g/week)	384 (378, 390) ^a	379 (373, 386) ^a	328 (316, 339) ^b
Total milk (g/week) ³	1713 (1686, 1740)	1662 (1635, 1689)	1677 (1631, 1723)

Values are mean (95% confidence interval).

Values in the same row not sharing same superscript letter are significantly different at $p < 0.05$; in rows in which there are no superscript letters there are no significant differences between values (ANOVA with Bonferroni correction).

Picky eating score (cross-sectional): Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy.

¹Foods included carcass meat from lamb, pork, beef, poultry, liver and kidney.

²Foods included sausages, ham, bacon, burgers, meat pies, breaded poultry, salami, etc.

³Milks included whole, semi-skimmed, skimmed cows' milk, other animal milks, soya milk, human milk, formula and cream (100 g of milk is approximately equivalent to 100 ml (an American cup holds 236 ml)).

Supplemental Table 6 Food group intakes (g/week), assessed by FFQ at 7 years, that showed differences¹ by longitudinal picky eating group assessed between 24 and 65 months inclusive in ALSPAC children

	Picky eating type at 24–65 months				
	Never	Low	High		
			Early		Late
			Non-Persistent	Persistent	
n	1707	3909	352	528	123
Total meat (g/week)	755 (740, 770) ^a	702 (692, 712) ^b	691 (655, 727) ^b	549 (522, 575) ^c	640 (581, 698) ^{b c}
Meat, carcass (g/week) ²	412 (402, 422) ^a	368 (361, 374) ^b	342 (318, 365) ^b	240 (223, 257) ^c	268 (232, 305) ^c
Processed meat (g/week) ³	343 (335, 352) ^a	334 (329, 340) ^a	349 (329, 369) ^a	308 (293, 324) ^b	371 (336, 406) ^a
Total fish (g/week)	229 (222, 236) ^a	208 (204, 212) ^a	177 (164, 190) ^b	150 (139, 162) ^b	169 (149, 188) ^b
Eggs and egg dishes (g/week)	72 (69, 75) ^a	67 (64, 69) ^a	52 (46, 59) ^b	47 (41, 53) ^b	54 (40, 68) ^{a b}
Plain potatoes (g/week)	244 (236, 251) ^a	223 (218, 228) ^b	192 (176, 208) ^c	147 (134, 160) ^d	185 (156, 214) ^{b c d}
Total vegetables (g/week)	725 (708, 741) ^a	556 (546, 566) ^b	459 (425, 492) ^b	290 (267, 313) ^c	293(249, 338) ^c
Total fruit (g/week)	698 (678, 717) ^a	641 (628, 654) ^b	599 (556, 642) ^b	475 (439, 511) ^c	535 (469, 603) ^{b c}
Sweet biscuits [cookies] (g/week)	138 (134, 142) ^a	148 (145, 150) ^{a b}	147 (137, 156) ^{b c}	163 (155, 171) ^{c d}	180 (164, 195) ^d
Chocolate confectionery (g/week)	71 (67, 74) ^a	77 (74, 80) ^{a b}	90 (89, 102) ^{b c}	95 (85, 104) ^c	96 (75, 116) ^{b c}
Total milk (g/week)	1961 (1911, 2011)	1890 (1856, 1925)	1854 (1738, 1971)	1850 (1757, 1944)	1734 (1538, 1930)

Values are mean (95% confidence interval).

Values in the same row not sharing same superscript letter are significantly different at $p < 0.05$; in rows in which there are no superscript letters there are no significant differences between values) (ANOVA with Bonferroni correction).

Picky eating score (longitudinal): Does your child have definite likes and dislikes as far as food is concerned? 0, No; 1, Yes, quite choosy; 2, Yes, very choosy. The responses for singletons were scored 0, 1, 2. The longitudinal prevalence of picky eating for scores at 24, 38, 54 and 65 months was calculated from the number of cases that reported 'Yes, very choosy' at ≥ 2 time points. Early onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 24 or 38 months; late onset picky eating was defined as the first report of picky eating ('Yes, very choosy') being at 54 or 65 months. Persistent picky eating was defined as score 2 ('Yes, very choosy') at the first and/or second time points, then score 2 at both the third and fourth time points).

¹Food groups tested were those shown to be different between picky eating groups in the food records where the FFQ could replicate them.

²Foods included carcass meat from lamb, pork, beef, poultry, liver and kidney.

³Foods included sausages, ham, bacon, burgers, meat pies, breaded poultry, salami, etc.

⁴Milks included whole, semi-skimmed, skimmed cows' milk, other animal milks, soya milk, human milk, formula and cream (100 g of milk is approximately equivalent to 100 ml (an American cup holds 236 ml)).

Online Supplemental Material

Supplemental Text

Food groups assessed at 3 years of age by food record that are not different between the picky eating groups or where the data although different are not presented in Table 5

Food groups not different	High fibre breakfast cereals; other breakfast cereals; sweet biscuits[cookies]; yoghurt; puddings and ice cream; buns, cakes, pastries; sugar confectionery; chocolate confectionery; sugar, preserves, sweet spreads; crisps, savoury snacks; bread, all types; fat spreads, all types; potatoes, all types; pasta, rice, pizza; baked beans; eggs, egg dishes; cheese; nuts; milk- and tomato-based sauces; fruit juice; soup; normal dilutable drinks; diet dilutable drinks; normal carbonated drinks; tea; coffee
Food groups lower in PE compared with non-PE	Diet carbonated drinks; savoury biscuits; salad dressings, barbeque sauce, etc.
Food groups higher in PE compared with non-PE	

Food groups assessed at 7 years of age by food record that are not different between the picky eating groups or where the data although different are not presented in Table 6

Food groups not different	High fibre breakfast cereals; other breakfast cereals; yoghurt; puddings and ice cream; sugar confectionery; sugar, preserves, sweet spreads; crisps, savoury snacks; bread, all types; fat spreads, all types; potatoes, roasted or fried; pasta, rice, pizza; baked beans; cheese; nuts; milk- and tomato-based sauces; fruit juice; soup; normal dilutable drinks; diet dilutable drinks; diet carbonated drinks; tea; coffee
Food groups lower in some PE compared with non-PE	Salty flavourings
Food groups higher in some PE compared with non-PE groups	Savoury biscuits; flavourings for milk

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